

Active play versus Passive play



Executive Functioning Skills

Purchasing Equipment and Toys

Children thrive at an optimum level when challenged in their environment. Presented with thoughtful resources to choose from children will engage in play which prompts active play.

Active play allows a child to be the one to activate the play as opposed to pushing a button on a toy and waiting to be entertained and then remain in passive play. The purchase of toys and equipment requires thoughtful planning and understanding of how children learn and develop.

Critically Reflect on a few key points prior to planning.

- You can adapt the environment to their changing needs.
- Curiosity rather than expectation.
- Modelling from adults to explore and discover, to be confident, making mistakes.
- Engage in play yourself. How would you use the resource?

This expands their potential.